PARISH COUNCIL

The next Parish Council meeting will be on Monday, May 22. If you would like any items added to the agenda, contact the office by the preceding Wednesday.

SERVICES LIVE STREAM

To view services, please go to:
- St. Nektarios website, www.stnektarios.org
- YouTube page, St. Nektarios Church - Charlotte, NC
- Facebook page, St. Nektarios Greek Orthodox Church

BETTER LATE THAN NEVER BOOK CLUB

Better Late Than Never is a book club organized to re-visit (or read for the first time) some classics and chat about them over refreshments. The meeting is the last Tuesday of each month at 7:00 p.m. at Red Rock Café, 4223 Providence Rd. For more information contact Maria Demakis - 704-756-2057 or maria_p29@hotmail.com.

SUNDAY LITURGICAL GIFTS

You may make a financial gift to help defray the cost of the sacramental wine or the phosphara that are used for Holy Communion. Please note on the memo line of your check “Holy Communion” or “Prosphora.” You may also donate a bottle or can of pure olive oil (No extra virgin oil) which is then blessed at the Shrine of St. Nektarios and is offered in the anointing kits.

In this Mailing:
- 25th Anniversary Gala
- ABC Fellowship Coffee Hour
- Feast of the Ascension Schedule
- Calendars for May & June
- Church Mouse
- Foods in Faith—Kollyva
- Greek Soccer Camp
- Karyae
- Liturgical Arts Academy
- Online Giving
- Pentecost Weekend
- Philoptochos Meeting and Elections
- Preparing for the Journey of Marriage
- St. Phoebe
- Young at Heart
- Youth Ministry
  - Come and See Sundays
  - Vacation Church Camp
  - GOYA Summer Sundays

WHY WE MUST MAINTAIN COMPLETE STILLNESS DURING THE MATINS HEXAPSALM (SIX PSALMS)

Metropolitan Athanasios of Limassol

It is a known fact that the Fathers have laid down that we not make a single movement, speak, or move from our place, and that we maintain complete stillness, while the Hexapsalm (“Six Psalms”) is being read in church. We maintain complete stillness during the Hexapsalm because it is the time at which the Church remembers the Second Coming and the Judgment of God, and we must listen to the Hexapsalm in utter silence and devotion, that our souls might be united to the meaning of those psalms, which are so beautiful and important, and so full of compunction.

When the Hexapsalm is finished, and we say the “Alleluia” three times, it is there that we make the sign of the Cross three times, with three small bows. We do this so that our attention might not be disturbed at all in its meditation, in the hearing and reading of the Hexapsalm, which is a very significant moment in the entirety of the service of Matins. For this reason, the Fathers laid down this “policy,” this formal order. And, indeed, it is good for us to be sure to be in church to hear Matins, and to hear the Hexapsalm, which is read with such devoutness and has such spiritual power, and that we be at church early to participate in the service of Matins.

Please note that our ushers will hold parishioners in the Narthex until the Six Psalms are completed. Thank you for your cooperation.
SUMMER FELLOWSHIP COFFEE HOUR
Brought to you by the letter ...

The Hospitality Team Invites Everyone to Co-host a Fellowship Coffee Hour
It's as Easy as 1-2-3.

1. Check the schedule for your date.
2. Go on-line to signupgenius.com, click on “Find a sign-up” and enter Creator's e-mail: office@stnektarios.org
   OR Call Us – To help us coordinate the menu, please contact the church office by Wednesday of that week with what you will bring.
   If your Sunday does not work for you, you are welcome to participate on another Sunday.
3. Drop-off to church on Friday by 4:30 p.m. or bring in by 8:45 a.m. on Sunday

Suggested dishes: cheese and crackers, fruit tray, vegetable tray, or a baked good like coffee cakes, muffins and pastries.

Vacation Church Camp 2023
June 26-29
Registration Opens May 10

25th Anniversary Celebration
Celebrating 25 Years
1998 - 2023
Saint Nektarios Greek Orthodox Church

Celebrate the Past
Honor the Present
Build for the Future

Gala Dinner & Dance
Saturday, October 21, 2023
Hilton Center City

Foods in Faith
The Foods in Faith series teaches students foods’ theological significance, as well as how to make them.

Limited space allows for one adult per household.
Contact the office to reserve your spot! 704-708-4669
Sawalmrni@stnektarios.org

Kollyva
The boiled wheat that is decorated and used for commemorations of those who have fallen asleep.
Part 1 – Preparing Sat., 5/27; 6 - 9 PM after Vespers
Part 2 – Decorating Sat., 6/3; 8 AM before Matins
Online Giving Options for Your Stewardship, Candles and More

• QR code
• Go to www.stnektarios.org; select online giving
• Use your banking bill pay
• VANCO App GIVE+ on the App Store and GIVEPLUS on Google play
**St. Nektarios Greek Orthodox Church**

**Young at Heart**

Offering a social and supportive network, fostering relationship among our senior members 55 and older.

Join us for our next Dinner meeting
In Honor of Mother’s Day
Thursday, May 11, 2023 | 5:00 p.m.

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**GREEK SOCCER CAMP**

**Coached by Pro Soccer Players**

**Dates**
JUNE 19-23
26-30

Boys & Girls
8-17 Years Old

Camp Hours
8:30AM-3:00PM

Camp Venue
Hellenic Park
2700 McKie Rd. Charlotte, NC 28270

$225 per week
$400 for two weeks

More info +1704-196-1774  soccereventsgr@gmail.com

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**LEAVE-TAKING OF PASCHA**

In celebration of the feast day of the Holy Ascension

**Tuesday, May 23**
- **Vigil:** 8:30 PM
- **Wednesday, May 24:** 6:00 PM
  - Ninth Hour for Apodosis (Leave-taking) of Pascha
  - followed by Vespers for Ascension of Our Lord

Just prior to the beginning of Great Vespers, there will be a short ceremony (Ninth Hour) to signal the end of the forty-day celebration of Pascha.

**Thursday, May 25**
Commemorating the Ascension of Christ
8:30 AM: Matins — 9:30 AM: Divine Liturgy

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**At St. Nektarios**

**In celebration of the feast of Pentecost**

**Saturday, June 3rd**
- **Saturday of Souls**
  - 8:30am Matins, 9:30am Liturgy with Memorial Service
  - 5:00pm Vespers

**Gravesite Prayers**
  - 12:00 Noon to 2:00 PM
  - Clergy will be available at the gravesite, no appointment necessary.
  - Fr. Jonathan Resmini at Evergreen Cemetery
  - Fr. Andreas Houpos at Forest Lawn East Cemetery

**Sunday, June 4th**
- 8:00am Matins, 9:15am Liturgy
- 6:00 pm, Kneeling Vespers followed by Dinner

**Monday, June 5th**
- 8:15am Matins, 9:30 am Liturgy
- Holy Trinity Greek Orthodox Cathedral
- 600 East Blvd. Charlotte, NC 28203
### May 2023

#### As of 5/10/2023

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<th>Sunday</th>
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<td>7 Sunday of Paralytic</td>
<td>8 St. John the Theologian</td>
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<td>11 Sts. Cyril &amp; Methodios, Equals to the Apostles</td>
<td>12 St. Epiphanius</td>
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<td>8:00am Matins</td>
<td>8:30am Matins and Divine Liturgy</td>
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<td>6:30am Matins and Divine Liturgy</td>
<td>5:00-6:00 pm Vespers</td>
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<td>9:15am Divine Liturgy</td>
<td>11:00am Catechism: Last Day</td>
<td>10:45am Catechism</td>
<td>12:00noon Matins and Divine Liturgy</td>
<td>4:00-5:00 pm Paraklesis</td>
<td>5:00pm Young at Heart-Dinner</td>
<td>5:00-6:00 pm Vespers</td>
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<td>10 Sunday of Samaritan Woman</td>
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<td>Mother’s Day</td>
<td>8:00am Matins</td>
<td>9:15am Divine Liturgy</td>
<td>6:30pm Philoptochos-Board Elections &amp; General meeting</td>
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<td>21 Sts. Constantine &amp; Helen, Equals to the Apostles</td>
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<td>8:00am Matins</td>
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<td>6:00pm Parish Council Mtg.</td>
<td>8:30pm 1:30am Vigil of Pascha</td>
<td>8:30pm Ninth Hour and Divine Liturgy</td>
<td>8:00-9:00pm Vespers</td>
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<tr>
<td>Catechism-Recognition of Graduates and Teachers</td>
<td>24 Apodosis of Pascha</td>
<td>Ascension</td>
<td>8:30pm Matins and Divine Liturgy</td>
<td>4:00-5:00 pm Paraklesis</td>
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<td>6:00pm GOYA-meeting</td>
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<td>9:00am-10:00am Kollyva Workshop Foods in Faith</td>
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<td>28 Memorial Day</td>
<td>29 Memorial Day</td>
<td>OFFICE CLOSED</td>
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### June 2023

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<td>4:00-5:00 pm Paraklesis</td>
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<td>4 Holy Pentecost</td>
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<td>Sts. Mary &amp; Martha, the sisters of Lazarus</td>
<td>St. Sophia of Thrace</td>
<td>Sts. George &amp; Divine Liturgy at Holy Trinity</td>
<td>8:30am Matins</td>
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<td>Sts. Cyril of Alexandria</td>
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<td>9:30am Divine Liturgy</td>
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<td>11 Welcome Sunday</td>
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<td>ADELPHOTIS KARYAE PAROCHIALI</td>
<td>20 St. Nicholas</td>
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